

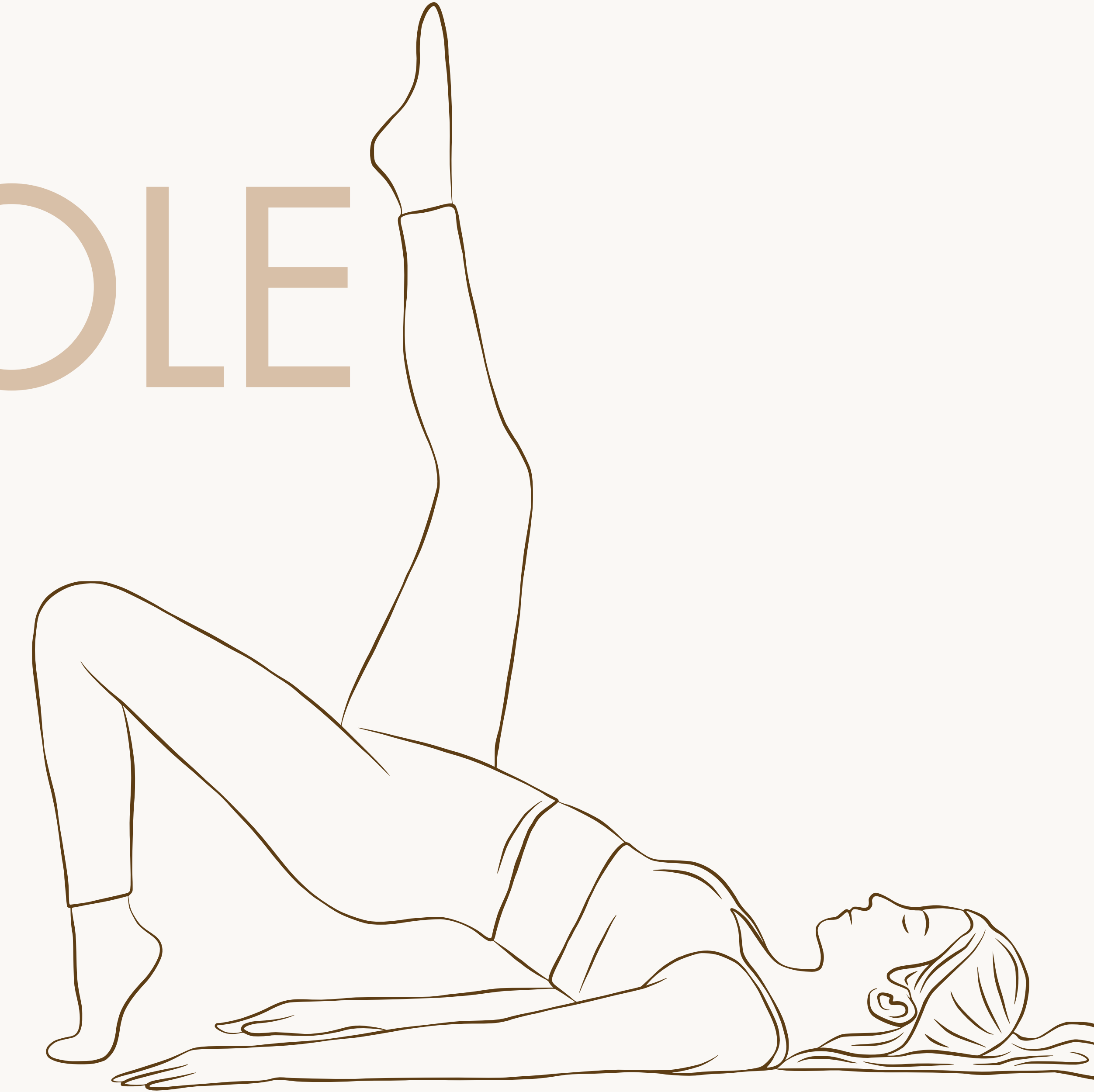
EVENTS



IN THEINER'S GARTEN

MAY - DECEMBER

THE WHOLE YEAR



4X WEEKLY **YOGA**, 2X WEEKLY **PILATES**

WEEKLY 2-3X **GUIDED HIKES**

WEEKLY 2-3X **INFUSIONS** IN OUR FINNISH SAUNA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



PASTA, VINO & DOLCE VITA
THURSDAY, 01/05 YOGA WITH MAGDALENA

THURSDAY, 01/05 DESSERT BUFFET WITH ITALIAN LIVE MUSIC

FRIDAY, 02/05 PILATES WITH NADIA

FRIDAY, 02/05 GUIDED CITY TOUR IN TRENTO

SATURDAY, 03/05 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 05/05 YOGA WITH MAGDALENA

MONDAY, 05/05 APERITIF WITH THE THEINER FAMILY

TUESDAY, 06/05 PILATES WITH NADIA

WEDNESDAY, 07/05 YOGA WITH MAGDALENA

THURSDAY, 08/05 YOGA WITH MAGDALENA

THURSDAY, 08/05 DESSERT BUFFET WITH ITALIAN LIVE MUSIC

FRIDAY, 09/05 PILATES WITH NADIA

SATURDAY, 10/05 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 12/05 YOGA WITH MAGDALENA

MONDAY, 12/05 APERITIF WITH THE THEINER FAMILY

TUESDAY, 13/05 PILATES WITH NADIA

WEDNESDAY, 14/05 YOGA WITH MAGDALENA

THURSDAY, 15/05 YOGA WITH MAGDALENA

THURSDAY, 15/05 HIKE AT LAKE GARDA WITH OLIVE OIL TASTING

THURSDAY, 15/05 DESSERT BUFFET WITH ITALIAN LIVE MUSIC

FRIDAY, 16/05 PILATES WITH NADIA

FRIDAY, 16/05 GUIDED CITY TOUR IN BASSANO DEL GRAPPA

SATURDAY, 17/05 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 19/05 APERITIF WITH THE THEINER FAMILY

TUESDAY, 20/05 PILATES WITH NADIA

WEDNESDAY, 21/05 YOGA WITH MAGDALENA

THURSDAY, 22/05 YOGA WITH MAGDALENA

THURSDAY, 22/05 HIKE AT LAKE GARDA

THURSDAY, 22/05 DESSERT BUFFET WITH ITALIAN LIVE MUSIC

FRIDAY, 23/05 PILATES WITH NADIA

SATURDAY, 24/05 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



SUN, HIKING, RELAXATION
MONDAY, 26/05 YOGA WITH MAGDALENA

MONDAY, 26/05 APERITIF WITH THE THEINER FAMILY

TUESDAY, 27/05 PILATES WITH NADIA

TUESDAY, 27/05 SPRING HIKE

WEDNESDAY, 28/05 YOGA WITH MAGDALENA

WEDNESDAY, 28/05 SPRING HIKE

THURSDAY, 29/05 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



THURSDAY, 29/05 DESSERT BUFFET WITH LIVE MUSIC

FRIDAY, 30/05 SUNRISE HIKE

FRIDAY, 30/05 PILATES WITH NADIA

SATURDAY, 31/05 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 02/06 YOGA WITH MAGDALENA

MONDAY, 02/06 APERITIF WITH THE THEINER FAMILY

TUESDAY, 03/06 SPRING HIKE

WEDNESDAY, 04/06 YOGA WITH MAGDALENA

WEDNESDAY, 04/06 SPRING HIKE

THURSDAY, 05/06 YOGA WITH MAGDALENA

THURSDAY, 05/06 DESSERT BUFFET WITH LIVE MUSIC

FRIDAY, 06/06 SUNRISE HIKE

SATURDAY, 07/06 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 09/06 YOGA WITH MAGDALENA

MONDAY, 09/06 APERITIF WITH THE THEINER FAMILY

TUESDAY, 10/06 SPRING HIKE

WEDNESDAY, 11/06 YOGA WITH MAGDALENA

WEDNESDAY, 11/06 SPRING HIKE

THURSDAY, 12/06 YOGA WITH MAGDALENA

THURSDAY, 12/06 DESSERT BUFFET WITH LIVE MUSIC

FRIDAY, 13/06 SUNRISE HIKE

SATURDAY, 14/06 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 16/06 YOGA WITH MAGDALENA

MONDAY, 16/06 APERITIF WITH THE THEINER FAMILY

TUESDAY, 17/06 PILATES WITH NADIA

TUESDAY, 17/06 SPRING HIKE

WEDNESDAY, 18/06 YOGA WITH MAGDALENA

WEDNESDAY, 18/06 SPRING HIKE

THURSDAY, 19/06 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



THURSDAY, 19/06 DESSERT BUFFET WITH LIVE MUSIC

FRIDAY, 20/06 SUNRISE HIKE

FRIDAY, 20/06 PILATES WITH NADIA

SATURDAY, 21/06 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 23/06 YOGA WITH MAGDALENA

MONDAY, 23/06 APERITIF WITH THE THEINER FAMILY

TUESDAY, 24/06 PILATES WITH NADIA

TUESDAY, 24/06 SUMMER HIKE

WEDNESDAY, 25/06 YOGA WITH MAGDALENA

THURSDAY, 26/06 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



THURSDAY, 26/06 DESSERT BUFFET WITH LIVE MUSIC

FRIDAY, 27/06 SUNRISE HIKE

FRIDAY, 27/06 PILATES WITH NADIA

SATURDAY, 28/06 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 30/06 YOGA WITH MAGDALENA

MONDAY, 30/06 APERITIF WITH THE THEINER FAMILY

TUESDAY, 01/07 PILATES WITH NADIA

WEDNESDAY, 02/07 YOGA WITH MAGDALENA

THURSDAY, 03/07 YOGA WITH MAGDALENA

THURSDAY, 03/07 DESSERT BUFFET WITH LIVE MUSIC

FRIDAY, 04/07 SUNRISE HIKE

FRIDAY, 04/07 PILATES WITH NADIA

SATURDAY, 05/07 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 07/07 YOGA WITH MAGDALENA

MONDAY, 07/07 APERITIF WITH THE THEINER FAMILY

TUESDAY, 08/07 PILATES WITH NADIA

WEDNESDAY, 09/07 YOGA WITH MAGDALENA

THURSDAY, 10/07 YOGA WITH MAGDALENA

THURSDAY, 10/07 DESSERT BUFFET WITH LIVE MUSIC

FRIDAY, 11/07 SUNRISE HIKE

FRIDAY, 11/07 PILATES WITH NADIA

SATURDAY, 12/07 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 14/07 YOGA WITH MAGDALENA

MONDAY, 14/07 APERITIF WITH THE THEINER FAMILY

TUESDAY, 15/07 PILATES WITH NADIA

WEDNESDAY, 16/07 YOGA WITH MAGDALENA

THURSDAY, 17/07 YOGA WITH MAGDALENA

THURSDAY, 17/07 DESSERT BUFFET WITH LIVE MUSIC

FRIDAY, 18/07 SUNRISE HIKE

FRIDAY, 18/07 PILATES WITH NADIA

SATURDAY, 19/07 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 21/07 YOGA WITH MAGDALENA

MONDAY, 21/07 APERITIF WITH THE THEINER FAMILY

TUESDAY, 22/07 PILATES WITH NADIA

WEDNESDAY, 23/07 YOGA WITH MAGDALENA

THURSDAY, 24/07 YOGA WITH MAGDALENA

THURSDAY, 24/07 DESSERT BUFFET WITH LIVE MUSIC

FRIDAY, 25/07 SUNRISE HIKE

FRIDAY, 25/07 PILATES WITH NADIA

SATURDAY, 26/07 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

JULY

MONDAY, 28/07 YOGA WITH MAGDALENA

MONDAY, 28/07 APERITIF WITH THE THEINER FAMILY

TUESDAY, 29/07 PILATES WITH NADIA

WEDNESDAY, 30/07 YOGA WITH MAGDALENA

THURSDAY, 31/07 YOGA WITH MAGDALENA

THURSDAY, 31/07 LIVE MUSIC

FRIDAY, 01/08 SUNRISE HIKE

FRIDAY, 01/08 PILATES WITH NADIA

SATURDAY, 02/08 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

AUGUST

MONDAY, 04/08 YOGA WITH MAGDALENA

MONDAY, 04/08 APERITIF WITH THE THEINER FAMILY

TUESDAY, 05/08 PILATES WITH NADIA

WEDNESDAY, 06/08 YOGA WITH MAGDALENA

THURSDAY, 07/08 YOGA WITH MAGDALENA

THURSDAY, 07/08 LIVE MUSIC

FRIDAY, 08/08 SUNRISE HIKE

FRIDAY, 08/08 PILATES WITH NADIA

SATURDAY, 09/08 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

AUGUST

MONDAY, 11/08 YOGA WITH MAGDALENA

MONDAY, 11/08 APERITIF WITH THE THEINER FAMILY

TUESDAY, 12/08 PILATES WITH NADIA

WEDNESDAY, 13/08 YOGA WITH MAGDALENA

THURSDAY, 14/08 YOGA WITH MAGDALENA

THURSDAY, 14/08 LIVE MUSIC

FRIDAY, 15/08 SUNRISE HIKE

FRIDAY, 15/08 PILATES WITH NADIA

SATURDAY, 16/08 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

AUGUST

MONDAY, 18/08 YOGA WITH MAGDALENA

MONDAY, 18/08 APERITIF WITH THE THEINER FAMILY

TUESDAY, 19/08 PILATES WITH NADIA

WEDNESDAY, 20/08 YOGA WITH MAGDALENA

THURSDAY, 21/08 YOGA WITH MAGDALENA

THURSDAY, 21/08 LIVE MUSIC

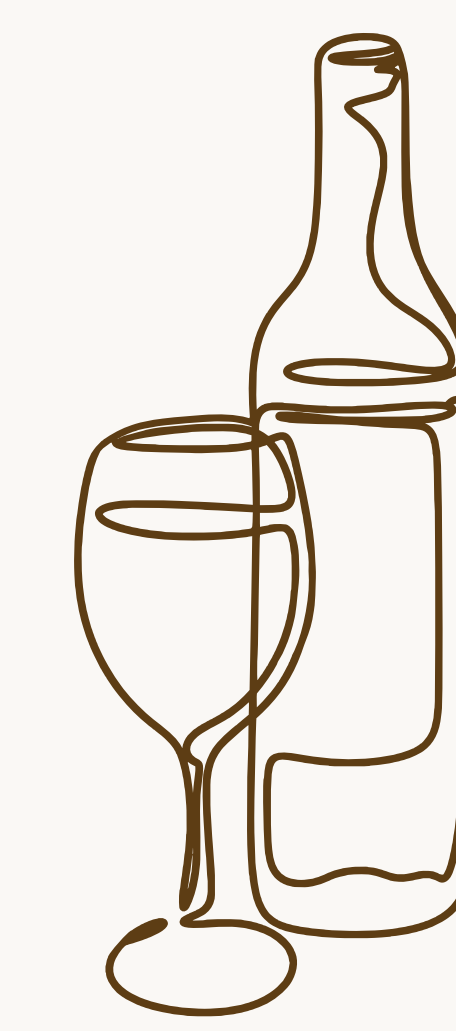
FRIDAY, 22/08 SUNRISE HIKE

FRIDAY, 22/08 PILATES WITH NADIA

SATURDAY, 23/08 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

AUGUST



3RD THEINER'S WINE SAFARI
MONDAY, 25/08 YOGA WITH MAGDALENA

MONDAY, 25/08 APERITIF WITH THE THEINER FAMILY

TUESDAY, 26/08 PILATES WITH NADIA

TUESDAY, 26/08 TASTING AT THE HOTEL

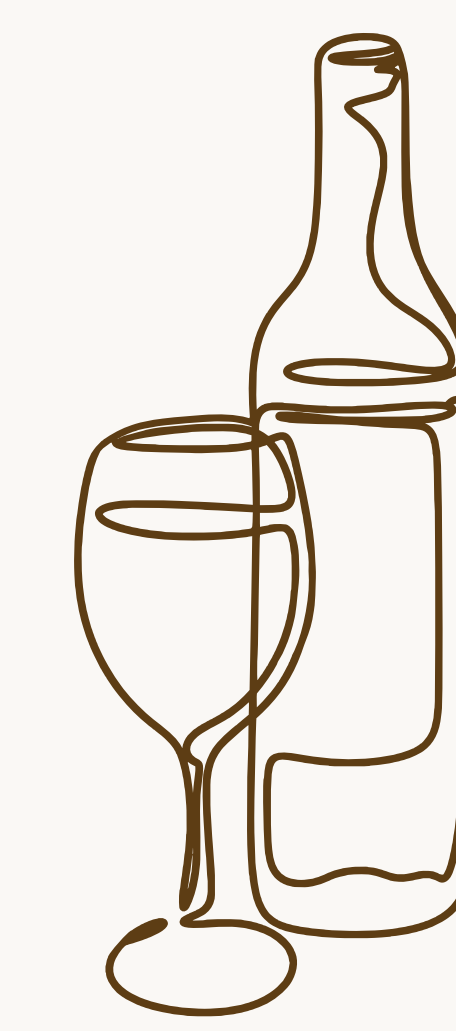
WEDNESDAY, 27/08 YOGA WITH MAGDALENA

WEDNESDAY, 27/08 WINE HIKES

THURSDAY, 28/08 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

AUGUST



THURSDAY, 28/08 LIVE MUSIC

FRIDAY, 29/08 SUNRISE HIKE

FRIDAY, 29/08 PILATES WITH NADIA

SATURDAY, 30/08 YOGA WITH MAGDALENA

SATURDAY, 30/08 GALA EVENING WITH WINE PAIRING

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MOUNTAIN AIR AND HEARTBEATS
MONDAY, 01/09 YOGA WITH MAGDALENA

MONDAY, 01/09 APERITIF WITH THE THEINER FAMILY

TUESDAY, 02/09 PILATES WITH NADIA

TUESDAY, 02/09 LATE SUMMER HIKE

WEDNESDAY, 03/09 YOGA WITH MAGDALENA

WEDNESDAY, 03/09 LATE SUMMER HIKE

THURSDAY, 04/09 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



THURSDAY, 04/09 LIVE MUSIC

FRIDAY, 05/09 SUNRISE HIKE

FRIDAY, 05/09 PILATES WITH NADIA

SATURDAY, 06/09 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 08/09 YOGA WITH MAGDALENA

MONDAY, 08/09 APERITIF WITH THE THEINER FAMILY

TUESDAY, 09/09 PILATES WITH NADIA

TUESDAY, 09/09 LATE SUMMER HIKE

WEDNESDAY, 10/09 YOGA WITH MAGDALENA

WEDNESDAY, 10/09 LATE SUMMER HIKE

THURSDAY, 11/09 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



THURSDAY, 11/09 LIVE MUSIC

FRIDAY, 12/09 SUNRISE HIKE

FRIDAY, 12/09 PILATES WITH NADIA

SATURDAY, 13/09 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 15/09 YOGA WITH MAGDALENA

MONDAY, 15/09 APERITIF WITH THE THEINER FAMILY

TUESDAY, 16/09 PILATES WITH NADIA

TUESDAY, 16/09 LATE SUMMER HIKE

WEDNESDAY, 17/09 YOGA WITH MAGDALENA

WEDNESDAY, 17/09 LATE SUMMER HIKE

THURSDAY, 18/09 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



THURSDAY, 18/09 LIVE MUSIC

FRIDAY, 19/09 SUNRISE HIKE

FRIDAY, 19/09 PILATES WITH NADIA

SATURDAY, 20/09 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



MONDAY, 22/09 YOGA WITH MAGDALENA

MONDAY, 22/09 APERITIF WITH THE THEINER FAMILY

TUESDAY, 23/09 PILATES WITH NADIA

TUESDAY, 23/09 LATE SUMMER HIKE

WEDNESDAY, 24/09 YOGA WITH MAGDALENA

WEDNESDAY, 24/09 LATE SUMMER HIKE

THURSDAY, 25/09 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



THURSDAY, 25/09 LIVE MUSIC

FRIDAY, 26/09 SUNRISE HIKE

FRIDAY, 26/09 PILATES WITH NADIA

SATURDAY, 27/09 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

OCTOBER



RUSTLING LEAVES, WINE, AND PURE BEING
SUNDAY, 28/09 TÖRGGELE EVENING

MONDAY, 29/09 YOGA WITH MAGDALENA

MONDAY, 29/09 APERITIF WITH THE THEINER FAMILY

TUESDAY, 30/09 PILATES WITH NADIA

TUESDAY, 30/09 CHESTNUT ROASTING IN THE GARDEN

WEDNESDAY, 01/10 YOGA WITH MAGDALENA

WEDNESDAY, 01/10 EVENING MEDITATION

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

OCTOBER



THURSDAY, 02/10 YOGA WITH MAGDALENA

FRIDAY, 03/10 PILATES WITH NADIA

FRIDAY, 03/10 AUTUMN HIKE

SATURDAY, 04/10 YOGA WITH MAGDALENA

SUNDAY, 05/10 TÖRGGELE EVENING

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

OCTOBER



MONDAY, 06/10 YOGA WITH MAGDALENA

MONDAY, 06/10 APERITIF WITH THE THEINER FAMILY

TUESDAY, 07/10 PILATES WITH NADIA

TUESDAY, 07/10 CHESTNUT ROASTING IN THE GARDEN

WEDNESDAY, 08/10 YOGA WITH MAGDALENA

WEDNESDAY, 08/10 EVENING MEDITATION

THURSDAY, 09/10 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

OCTOBER



FRIDAY, 10/10 PILATES WITH NADIA

FRIDAY, 10/10 AUTUMN HIKE

SATURDAY, 11/10 YOGA WITH MAGDALENA

SUNDAY, 12/10 TÖRGGELEN EVENING

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

OCTOBER



MONDAY, 13/10 YOGA WITH MAGDALENA

MONDAY, 13/10 APERITIF WITH THE THEINER FAMILY

TUESDAY, 14/10 PILATES WITH NADIA

TUESDAY, 14/10 CHESTNUT ROASTING IN THE GARDEN

WEDNESDAY, 15/10 YOGA WITH MAGDALENA

WEDNESDAY, 15/10 EVENING MEDITATION

THURSDAY, 16/10 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

OCTOBER



FRIDAY, 17/10 PILATES WITH NADIA

FRIDAY, 17/10 AUTUMN HIKE

SATURDAY, 18/10 YOGA WITH MAGDALENA

SUNDAY, 19/10 TÖRGGELE EVENING

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

OCTOBER



MONDAY, 20/10 YOGA WITH MAGDALENA

MONDAY, 20/10 APERITIF WITH THE THEINER FAMILY

TUESDAY, 21/10 PILATES WITH NADIA

TUESDAY, 21/10 CHESTNUT ROASTING IN THE GARDEN

WEDNESDAY, 22/10 YOGA WITH MAGDALENA

WEDNESDAY, 22/10 EVENING MEDITATION

THURSDAY, 23/10 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

OCTOBER



FRIDAY, 24/10 PILATES WITH NADIA

FRIDAY, 24/10 AUTUMN HIKE

SATURDAY, 25/10 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



OCTOBER

TIME FOR SOUL AND SENSES
MONDAY, 27/10 YOGA WITH MAGDALENA

MONDAY, 27/10 APERITIF WITH THE THEINER FAMILY

TUESDAY, 28/10 PILATES WITH NADIA

WEDNESDAY, 29/10 YOGA WITH MAGDALENA

THURSDAY, 30/10 YOGA WITH MAGDALENA

THURSDAY, 30/10 CASTLE TOUR IN THE MERANO REGION

FRIDAY, 31/10 PILATES WITH NADIA

FRIDAY, 31/10 AUTUMN HIKE

SATURDAY, 01/11 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS



NOVEMBER

MONDAY, 03/11 YOGA WITH MAGDALENA

MONDAY, 03/11 APERITIF WITH THE THEINER FAMILY

TUESDAY, 04/11 PILATES WITH NADIA

WEDNESDAY, 05/11 YOGA WITH MAGDALENA

THURSDAY, 06/11 YOGA WITH MAGDALENA

THURSDAY, 06/11 CASTLE TOUR IN THE MERANO REGION

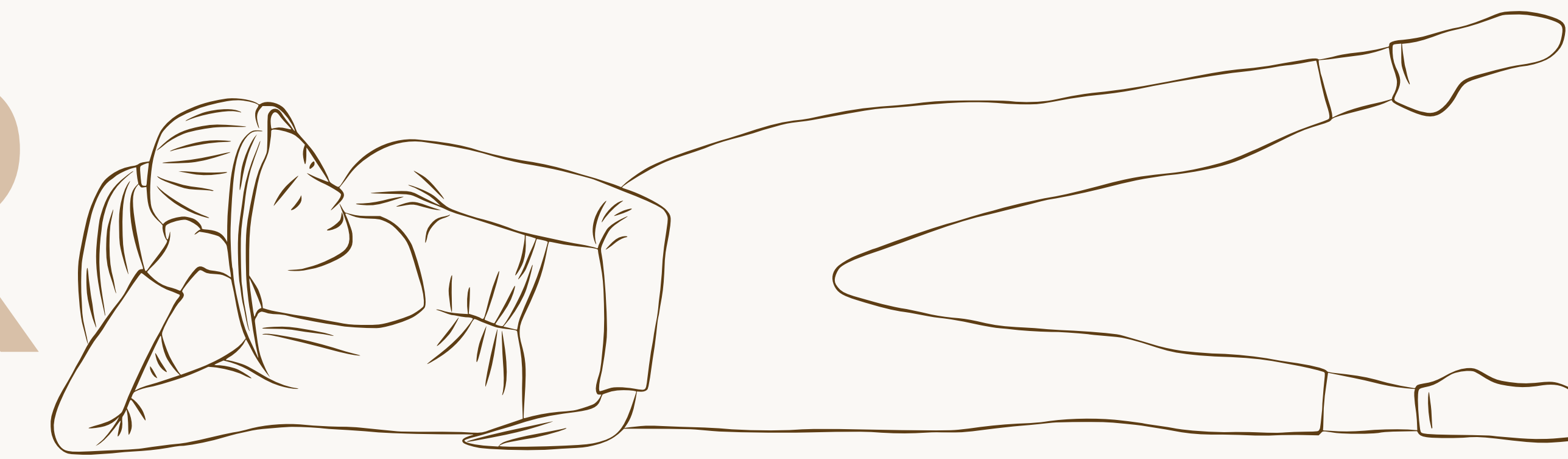
FRIDAY, 07/11 PILATES WITH NADIA

FRIDAY, 07/11 AUTUMN HIKE

SATURDAY, 08/11 YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

NOVEMBER



STRETCH, BREATHE, RELAX
MONDAY, 10/11 PILATES WITH NADIA

MONDAY, 10/11 APERITIF WITH THE THEINER FAMILY

TUESDAY, 11/11 2X YOGA WITH MAGDALENA

WEDNESDAY, 12/11 2X YOGA WITH MAGDALENA

THURSDAY, 13/11 2X YOGA WITH MAGDALENA

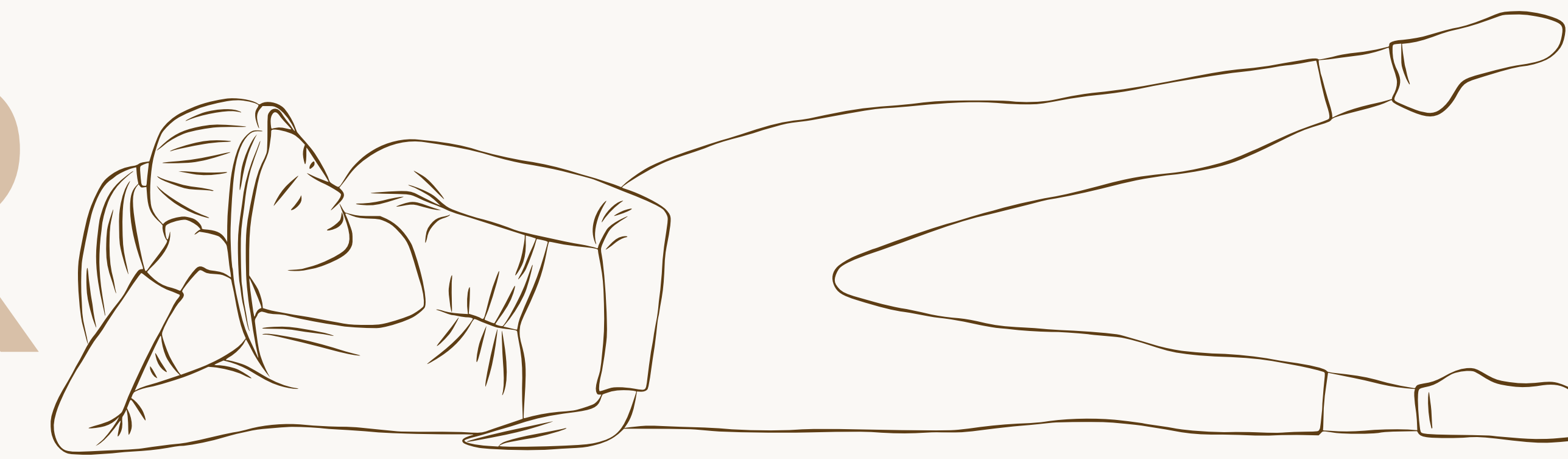
FRIDAY, 14/11 2X YOGA WITH MAGDALENA

FRIDAY, 14/11 AUTUMN HIKE

SATURDAY, 15/11 2X YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

NOVEMBER



MONDAY, 17/11 PILATES WITH NADIA

MONDAY, 17/11 APERITIF WITH THE THEINER FAMILY

TUESDAY, 18/11 2X YOGA WITH MAGDALENA

WEDNESDAY, 19/11 2X YOGA WITH MAGDALENA

THURSDAY, 20/11 2X YOGA WITH MAGDALENA

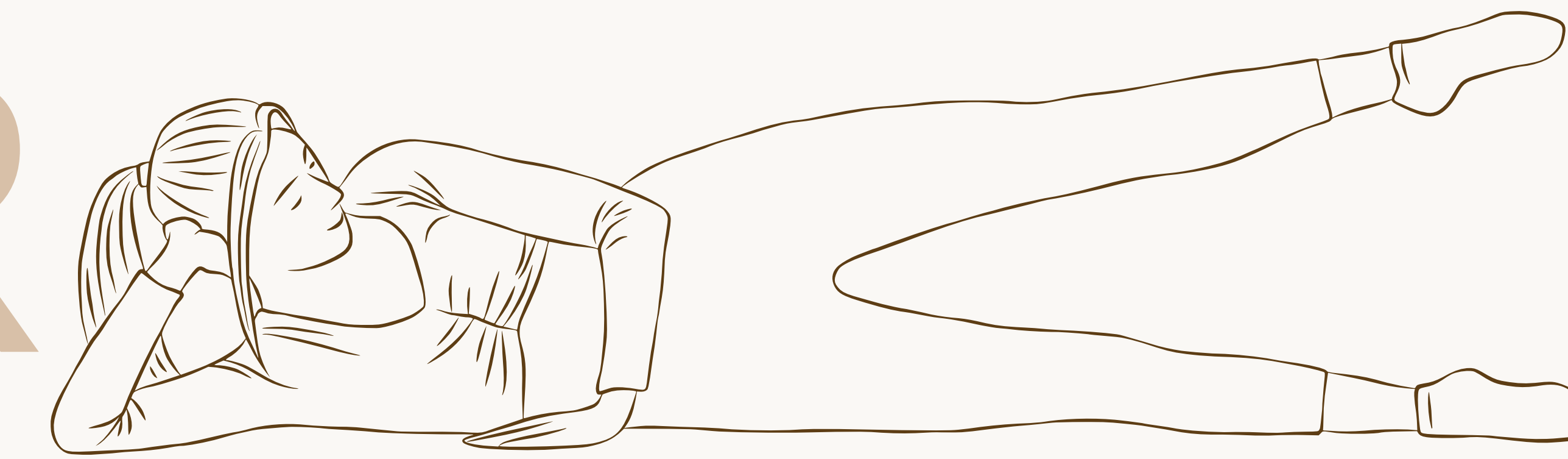
FRIDAY, 21/11 2X YOGA WITH MAGDALENA

FRIDAY, 21/11 AUTUMN HIKE

SATURDAY, 22/11 2X YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

NOVEMBER



MONDAY, 24/11 PILATES WITH NADIA

MONDAY, 24/11 APERITIF WITH THE THEINER FAMILY

TUESDAY, 25/11 2X YOGA WITH MAGDALENA

WEDNESDAY, 26/11 2X YOGA WITH MAGDALENA

THURSDAY, 27/11 2X YOGA WITH MAGDALENA

FRIDAY, 28/11 2X YOGA WITH MAGDALENA

FRIDAY, 28/11 AUTUMN HIKE

SATURDAY, 29/11 2X YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS

DECEMBER



MONDAY, 01/12 PILATES WITH NADIA

MONDAY, 01/12 APERITIF WITH THE THEINER FAMILY

TUESDAY, 02/12 2X YOGA WITH MAGDALENA

WEDNESDAY, 03/12 2X YOGA WITH MAGDALENA

THURSDAY, 04/12 2X YOGA WITH MAGDALENA

FRIDAY, 05/12 2X YOGA WITH MAGDALENA

FRIDAY, 05/12 AUTUMN HIKE

SATURDAY, 06/12 2X YOGA WITH MAGDALENA

CHANGES OR RESCHEDULING
MAY OCCUR DUE TO WEATHER
CONDITIONS